

Thank YOU so much for your generous donations for our Christmas food packs this Christmas.

We were able to give a total of **938** Christmas food packs which benefitted **4,690** family members with food for Christmas.

Each bag contained for a family of 5–6:

The week before Christmas families were given separately 5kg of rice and vegetables, 1 pack of coffee, and coffee mate, 4 packs of noodles and 4 tins of sardines.

The Christmas food packs included. 1 kg Spaghetti, 1 kg spaghetti sauce, 1 large can corned beef, 1 meat loaf, 1 Vienna sausage, 1 luncheon meat, 1 cheese, 1 jar of mayonnaise, 1 large jar of homemade peanut butter (made by our mother's to support their small business), 1 large fruit cocktail, 1 fermented coconut water and jelly, 1 sugar palm and 1 kg of macaroni.

482 of our students received their family size bag of food filled with essentials and food for their Christmas dinner to take home and share with their families.

We also made up an additional **379** Christmas food parcels which we gave to the families who are part of our other programmes, and those families most in need.

77 packs were given to our community volunteers and staff.



Kimble Grace Virtucio, 18 years old, Grade 11 at Mary Chiles College

"I would like to give thanks to the donors of Christmas food packs, PCF and all the staff and volunteers who prepared these packs for us. It helped us a lot especially on budget since my mother doesn't have money to buy these items anymore. With the increasing inflation rate now and not all of the families have the capacity to buy the food, it makes a difference. This made us celebrate Christmas together".



Andrea Mabaet, 14 years old, Grade 9 student in Tondo High School

"We were able to eat well this Christmas because of the Christmas food packs given to us. Thank you PCF for the continuous support provided to us not only for the Christmas food packs, but for other support we have like the monthly food packs, school supplies and load".



Lolita Alejan, 67 years old, widow, and part of our daily feeding programme.

"A am very thankful to PCF and we were happy because of the Christmas food packs given to us. We were able to prepare something special last Christmas and New Year. Thank you so much to all the staff and volunteers of PCF for our Christmas gift".



It's the donors like YOU who make all the difference. We cannot thank you enough for your amazing support.

Thank you for taking time to read our report and supporting our programs. Your support has meant that we have been able to help **4,690** individuals with their family size Christmas food pack.



Jane Walker, MBE

CEO & Founder

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